

## Before you leave

- 7:30 is Check out time.
- Check out after returning linen to laundry (**do not** take it to Reception).
- Put bags in 3 day luggage storage (Not Reception).
- Leave valuables with staff at Reception (Do not leave large bags at Reception).
- Reception sells Torches, Insect Repellent, Sunscreen and Hats.

## Important

- **You must buy alcohol at bar tonight (No Glass Allowed)!!**
- There are no medical services on the island.
- Pack a small (day) bag only.
- Take coins for showers / phone.
- Be at cars at 8:00am.

# The Backpackers Shortcut to Fraser Island

*We call Rainbow Beach the Backpackers Shortcut because it is closer to Brisbane (2½ hours compared to 4 hours), you spend less time on a barge (7 minutes compared to 40 minutes so there is less chance of sea sickness) and you're straight onto the best side of the Island.*

*So sit back and enjoy the ride because you're about to have an adventure you'll remember for life!*



Cathedral Beach

### Island Rules

The Island is heavily policed, you will be fined

- No Driving on Sand Dunes
    - No Fires
  - Camp only in marked areas
    - Do not feed the Dingos
  - Food / Cooler Boxes / Rubbish must not be left outside of vehicle
  - Bush Toileting – not within 50m of creeks (or as signed), ensure waste and toilet paper is buried 50cm deep.
  - Always put rubbish in bins provided
- Always follow Police and Ranger directions



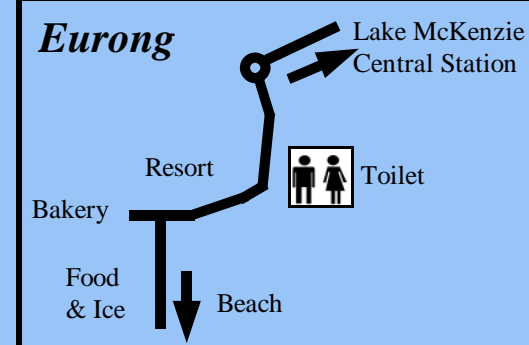
Maheno Wreck

### The 5 Must See Places on Fraser Island

- Lake McKenzie
- Lake Wabby
- Eli Creek
- Pile Valley
- Indian Head



Setting up camp



Eurong



## Key

- Roads to drive on
- Camping grounds / areas (C.G.)
- Do not camp in the brown area
- ☺ Drinking water
- 🧊 Ice and food
- 🚻 Toilets
- 🚿 Showers (Hot)
- ☎ Telephones
- 🗑 Garbage

## Things to Remember

- **Read the back of this map!**
  - Do not drive past Indian Head. **Stay on Beach.**
  - Only drive on roads marked in orange.
  - Do not drive at night.
  - Swimming in the ocean on Fraser Island is dangerous because it is not patrolled and there are rips, only swim in Lakes.
  - Be at return Barge no later than time allocated.
  - Do not drive close to other vehicles.
- Do not drive on any Inland tracks / Roads that are not marked as they are not maintained, do not waste your holiday and risk damaging your 4x4 by driving on them. Also penalties apply.

**WARNING**  
Do not dive into Lakes because it does result in serious injury. Do not walk across sandblows in the hottest part of the day. Take water, stay on tracks / in sign-posted areas.

Speed Limits apply on Fraser Island  
80km/hr on the beach & 35km/hr on the inland roads.

Hervey Bay (4 hours to Bris)  
Barge to Fraser 40mins

### Itinerary

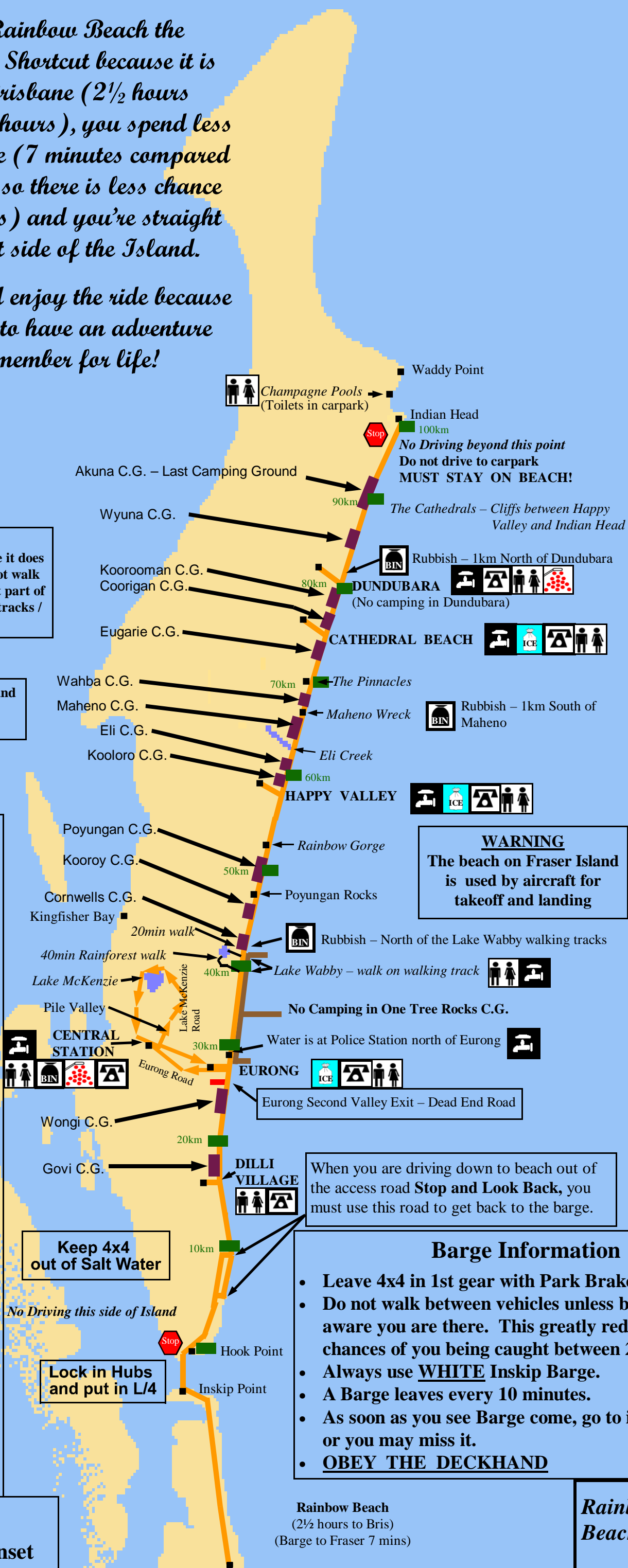
You make your own Itinerary, using the distances and safe beach driving times below. Just remember to be back on the barge at the allotted time on your departure day. Have a great adventure!

### Distances

- Rainbow Beach to Inskip Point (25 min)
- Hook Point to Eurong (50min)
- Eurong to Lake McKenzie (40min)
- Lake McKenzie to Central Station (10min)
- Central Station to Eurong (35min)
- Eurong to Lake Wabby Walking Track (10min) (4km)
- Eurong to Happy Valley (45min)
- Eurong to Eli Creek (50min)
- Eli Creek to Maheno Ship Wreck (3min) (3km)
- Happy Valley to Dundubara (45min)
- Dundubara to Indian Head (40min)
- Indian Head to Eurong (120min)
- Eli Creek or Lake McKenzie to Barge (2 hours)

### Walking Tracks

- South scenic trail to Lake Wabby (45min)
- North trail to Lake Wabby (30min)
- Beach to Indian Head (10min)
- Indian Head to Champagne Pools (45min)
- Central Station to Pile Valley (30min)
- Central Station loop walk / Rainforest Creek Walk (20min)



**WARNING**  
The beach on Fraser Island is used by aircraft for takeoff and landing

### Barge Information

- Leave 4x4 in 1st gear with Park Brake on.
- Do not walk between vehicles unless both drivers are aware you are there. This greatly reduces the chances of you being caught between 2 vehicles.
- Always use **WHITE** Inskip Barge.
- A Barge leaves every 10 minutes.
- As soon as you see Barge come, go to it immediately or you may miss it.
- **OBEY THE DECKHAND**

Keep 4x4 out of Salt Water

Lock in Hubs and put in L/4

No Driving this side of Island

### Book other Adventures at Reception

Kayak, see the Dolphins or Hand Feed the Dolphins at Tin Can Bay

Go Surfing / Learn to Surf



Tides / Safe Beach Driving Times					
Date	Safe Driving Time	Low	High	Sunrise	Sunset

Best Driving Times are 1 hour either side of Low Tide. Return Barge Time \_\_\_\_\_  
(Late fees apply if you are not back at the Barge / Hostel at the allotted times) Hostel Return Time \_\_\_\_\_

# Have the Adventure of your life with Rainbow Beach Adventure Company

## Rainbow Beach Adventure Company Mission Statement

To treat people with respect, by listening and helping so everyone has a well organised adventure they'll remember for life. We will do this by making sure all vehicles are well maintained, camping gear is correct, and customers are treated as individuals.

We aim to ensure your Adventure is safe, low cost and that you have no extra (hidden) costs on return.

We hope you have a great time in Australia,  
*from everyone at Rainbow Beach Adventure Company.*

## Read this within 1 hour of arriving on Fraser Island

- Do not use your drinking water to wash your dishes (groups who use their drinking water to wash up run out) use ocean water and sand on your dish scrubber to help clean your frying pan etc. Fill your plastic box with ocean water and move **well well** away from waters edge when washing.
- Buy ice **every** afternoon as your ice will have melted (your food will perish if it is not kept cold).
- Make sure water is drained out of food cooler box (esky) or the food may be spoilt (groups come back and tell us they did not drain melted ice and they had to buy more food which is very expensive on the island).
- You can use the back of the 4x4 for cooking if it is windy, seats lift up, then wrap seatbelt around the seat and put through the window, you will also be able to turn your fluorescent light on to see.
- When you use lights or anything powered by the 4x4, turn the key to accessories, and make sure the you do not exceed 1½ hours use or the battery will go flat. Then hop in the car and run engine for 15min to recharge car battery it will then last another 1½ hours.

## Fraser Island Attractions

- Rainbow Gorge**, a great short walk through the canyon of colors.
- Happy Valley**, Snacks, Ice Cream, Take Away Hot Food, Toilets and a great place to fill up **drinking water**, please remember to take lots of water to a Beach Camp (**fill all water containers**).
- Eli Creek**, go for a swim, walk up the boardwalk then float down the Crystal Clear Creek. There are toilets here as well.
- Maheno Ship Wreck**, peak inside the ports for some great photo's.
- The Pinnacles, Rainbow Gorge**, short walk. And find out about the Aboriginal Love Story!
- Cathedral Beach**, Shops, Ice, Food and Telephone.
- Dundabarra**, are the last facilities up the island. They have toilets and showers (\$1).
- Indian Head**, a great place to see all the Fraser Coast **Sea Life**. **Do not drive past Indian Head**. Drive up to the headland along the beach and park high up on the beach above the high tide mark (park on the loose / uncompacted sand).
- Champagne Pools**, are a 30min walk each way. **Please take water**, it is a long and hot walk. The rocks at the edge are very dangerous waves splash over and can knock people over giving them very bad cuts and scrapes. Please stay back and enjoy the waves at a distance. Play it safe.
- Lake McKenzie**, aqua blue water and a place to spend some quality time.
- Central Station**, learn about the history of Fraser Islands' first settlers. **Fill up all your water containers** for beach camping. Below the information boards are signs showing the way to an Amazing Rainforest Walk, the signs say **Pile Valley** 30min. Central Station also has Showers (\$1) and public phones (50c, \$1).

# Driving Tips

## Basic 4x4 Vehicle Operations

- L4 & 2nd gear on and off the barge.
- Vehicle to be stationary changing H4 – L4
- L4 going on and off the beach.
- H4 for inland track
- H2 always on tar / bitumen.
- When driving keep on hard wet sand
- Never drive vehicle in salt water. Penalties apply.
- Turn ignition off fully when not using power.
- Keep thumbs on outside of steering wheel.
- Keep momentum going through soft sand.
- Keep in the wheel track of vehicle in front.
- If vehicle gets bogged
  - Everyone out of the 4x4
  - Make sure front wheels are straight
  - L4, put in reverse, apply gas and let clutch out, when free then go forward, L4 then 1st or 2nd gear
  - Do not push from side of vehicle.
- If you are getting stuck often, check that your front hubs are in lock position.
- Your tyres are set for beach driving, do not take any air out or put any more in.
- Always park your vehicle in 1<sup>st</sup> gear when stopped. Do not rely on the handbrake.
- Only use 4 gears. You will not go fast enough to use 5<sup>th</sup> gear.
- Do not leave your foot on the clutch / **ride the clutch** as this wears out the clutch quickly.
- When **starting the car in the morning**, remember to count to 10 with the ignition lights on, and then start the vehicle, or push button if this applies to your vehicle.
- Always park vehicle above high tide mark (above the wet / compacted sand)

Drive slowly and safely. Australian Road Rules Apply.

## Changing Tyres

*Always park 4wd on level sand*

- Make sure other wheel is choked (so 4wd can not move).
- Loosen nuts, so pressure does not have to be applied once the car is jacked.
- Remove the sand so the jack will fit underneath the middle of the spring, close to the inside of the tyre or onto the diff close to the tyre.
- Put a board down, make sure it is level and proceed to jack car up.
- Remove nuts and tyre without putting any arms between wheel arch and top of tyre.
- Put new tyre on and gently tighten nuts
- Lower vehicle and remove jack.
- Make sure nuts are now tightened without jack underneath.**

## Driving on Fraser Island Safety Advice

- Do not make any sudden turns. **Do not swerve hard / quickly, or brake and swerve at the same time.**
- Try not to brake hard. When you brake in sand you stop immediately, taking your foot off the accelerator makes you slow down.
- Go slowly around obstacles.**
- Drive very slowly through creeks and over bumps. Always try to cross creeks close to the ocean, or where tracks have shown a safe route. If in doubt walk it first. Eli Creek is normally the most hazardous.
- Do not drive in salt water.** Driving close to the ocean on the hard wet sand is O.K.
- Look ahead on the beach.** Watch where the waves are coming up to, for any bumps or soft sand. Don't be surprised by waves coming in. Do not make sudden turns to avoid waves, slow down and gradually move up the beach a little more.
- Watch for fallen trees and sticks.** A small stick could have a huge tree buried underneath the sand. If waves are coming in high around the trees, please WAIT and WATCH. Stay up high on beach away from the water and when wave rolls back to the ocean (away from tree) drive around the tree and look ahead.
- Keep moving along beach. DO NOT stop if waves come under your tyres. It will make you sink in the sand / get stuck. Keep going slowly until you are on solid dry sand. Use your own timing, do not just follow other vehicles, watch your own waves.
- Do not follow other vehicles too closely.** If they have to brake or get stuck in the sand, you will have to stop and will get stuck as well. Allow extra space behind vehicles with trailers or boats because they get stuck easier.
- If tide is coming in on your drive to or from the barge use the inland tracks signed as the 12 kilometre or 19 kilometre tracks off the beach. If waves are high near Hook Point go back to one of the tracks, it is not worth the risk of ruining your holiday and the vehicle.
- Only drive on roads highlighted on your map because other roads take longer and are rougher. **Do not drive past Indian Head.** The road is long and dangerous.
- When driving on inland tracks, always expect oncoming traffic.
- Watch out for aircraft landing / taking off on the beach.

## Returning to Rainbow Beach

When you are back on the main land (on or just before the sealed road), put the vehicle back into H2 (high two wheel drive), pull over to the side of the road, look behind you for other vehicles. Reverse in a straight line and while vehicle is still rolling backward, push the clutch in and move the 4x4 lever in H2, keep going backwards until lever moves into position easily, or you have gone about 10 meters. If the lever does not move easily, drive forward, and while the vehicle is still rolling move the lever into H2. **Then unlock the hubs.**

Drive slowly and carefully on the road home to Rainbow Beach especially around corners because the tyres are set for beach driving.

**Fill front fuel tank with DIESEL from one of the Service Stations before returning to hostel (\$7 to \$10 per person).**



## Water Points

<b>Eurong</b>	On the Beach 100m north of Eurong
<b>Central Station</b>	At Camping Ground
<b>Happy Valley</b>	At Shop
<b>Cathedral Beach</b>	At Shop
<b>Dundubara</b>	At Camping Ground

## Camping on Fraser Island

- Weather mostly comes in from the South East. Be aware of the wind before setting up camp.
- Always keep a clean camp!!!**
- Do not litter! You will get fined** by the rangers (especially for cigarette butts and plastic tabs off of bread bags).
- If you leave food out, or allow any access to food for the Dingos **you will get fined** by the rangers.
- If you leave food crates on ground, mice will get into your food.
- Cover the food left on the roof rack with your canopy, or birds will get into your food.
- The camp grounds at Dundaburra and Central Station have water, showers (\$1) and public phones (take 50c or \$1) which you may use.

## For assistance on your Adventure

Please do not hesitate to call for assistance if required.

**Emergency: 000 or 112 Ambulance / Fire / Police only**

**ALL CALLS**

**Ben Kelly Owner**

**0427 275 540**

Please try to call back if line is busy.

Please try again if all information was not understood.

This is the number that will help you the most on your adventure.

If you have tried the above number many times and are not able to get through

General contact number 0427 027 117

Merv 0428 275 540

Dingo's contact Tamara 0409 066 716

**All call costs for assistance will be reimbursed.**

**Have the Adventure of your life with  
Rainbow Beach Adventure Company**